



Everything we supply is  
Gluten Free

Nothing contains *soy flour* or  
*sesame* except where noted  
all of our products contain soy  
lecithin

**EF means Egg Free, DF means Dairy Free**

EF	DF	Breads and Buns and Things	Price
		Bagels: Cheese 3pk	\$8.00
✓		Bagels: Plain, Poppy, Pumpkin, <i>Sesame</i> 3pk	\$8.00
✓		Burger Buns 4pk (9.5cm)	\$6.00
✓		Burger Buns: Multigrain 4pk (9.5cm)	\$6.50
✓		Burger Buns: Lg Sesame 4pk (12cm)	\$8.00
✓	✓	Crumpet 4pk	\$3.00
✓		Flat Wraps 2pk	\$4.50
		Flatbread: Cheese & Pesto	\$4.70
		Garlic & Cheese Twist	\$4.70
✓		Garlic Bread 2pk	\$3.80
		Loaf - Bacon & Cheese	\$7.20
		Loaf - Cheese	\$7.70
		Loaf - Cracked Pepper & Cheese	\$6.70
		Loaf - Date & Walnut	\$7.00
✓		Loaf - Fruit	\$7.00
✓		Loaf - Garlic & Herb	\$6.20
✓		Loaf - Hearty Dark	\$6.70
✓		Loaf - Megaseed	\$7.20
✓		Loaf - Multigrain <i>contains sesame</i>	\$6.50
✓		Loaf - Multigrain (Large) <i>contains sesame</i>	\$7.80
		Loaf - Onion & Cheese	\$6.70
✓		Loaf - Pumpkin Bread	\$7.00
✓		Loaf - Rice Bran & Chia	\$7.20
✓		Loaf - Sultana (No Spice)	\$7.00
✓	✓	Loaf - Vegan Seed	\$7.00
✓	✓	Loaf - Vegan White	\$6.50
	✓	Loaf - White	\$6.00
✓		Loaf - White (Large)	\$7.50
		Panini: Cheese 3pk	\$8.00
✓		Panini: Plain, Herb 3pk	\$8.00
✓		Pizza Base (Large) 26cm 2pk	\$7.50
✓		Pizza Base (Medium) 22cm 2pk	\$6.00
✓		Pizza Base (Small) 18cm 2pk	\$5.00
		Rolls - Bacon & Cheese 6pk	\$5.50
		Rolls - Cheese 6pk	\$5.50
✓		Rolls - Multigrain 6pk <i>contains sesame</i>	\$5.00
✓		Rolls - Plain 6pk	\$5.00
		Long Rolls - Cheese & Pesto, Cheese 2pk	\$3.50
✓		Long Rolls - Garlic & Herb, <i>Multi</i> , Plain 2pk	\$3.00
✓		Rolls - Torpedo 2pk <i>contains soy flour</i>	\$4.70
✓		Sliders 6pk (7cm)	\$4.00
✓	✓	Tortilla (Corn) 17cm Reg 6pk	\$6.50
✓	✓	Tortilla (Corn) 23cm Lg 6pk	\$11.00

## Retail Price List 2019

### Ordering Information

Goods are baked per order, for same day service in the CHCH area, orders must be received by 10pm the day prior.

Courier cost in ChCh City is \$9.50, Outer ChCh \$10.00, S. Island is \$17.70, N. Island delivery prices is \$32.00. No Rural Deliveries, but we should chat :-). Sorry, no weekend deliveries.

Place orders using phone, email or via the website.

Prices are inclusive of GST and are subject to change

Our Slices	Price
Handy 2 Pack	\$5.50
<b>Flavours available:</b>	
• Blackforest	• Caramallow
• Caramel Delight	• Chocolate Fudge
• Citrus	• Coffee Walnut
• Ginger	• Macaroon
• Peppermint Choc	• Rocky Road (EF DF)
• Tan	

EF	DF	Savoury Bits	Price
		Bacon Gap Filler	\$3.50
	✓	Empanadas 5pk: <i>Pumpkin/Onion, Mexican Beef, Refried Beans, Chick/Mushroom, Spicy Pork, Spinach/Feta</i>	\$7.00
	✓	Family Pie <i>mince, steak, bac/egg</i>	\$14.00
✓	✓	Hotdogs Large 4pk	\$14.00
✓	✓	Hotdogs Mini 10pk	\$14.00
	✓	Pie: <i>Mince, Steak, Mexisteak, Steak/Mush, Bacon/Egg, Chicken, Potato Top,</i>	\$5.80
		Pie: <i>Mince/Cheese, Steak/Cheese, Vegetarian</i>	\$5.80
		Mini Pizza - <i>Hawaiian, Sweet Chilli, Tomato 3pk</i>	\$6.20
		Quiche Bacon & Tomato	\$5.80
		Quiche Chicken/Mushroom	\$5.80
	✓	Quiche Lactose Free	\$5.80
		Quiche Vegetarian	\$5.80
	✓	Sausage Roll 4pk	\$6.50
	✓	Sausage Roll Single	\$4.80
	✓	Sausage Rolls Mini 6pk	\$6.50
		Savouries - Egg & Cheese 6pk	\$8.70
	✓	Savouries - Mince 6pk	\$8.70
		Savouries - Mixed 6pk	\$8.70
	✓	Savouries - Potato Top 6pk	\$8.70
	✓	Savouries - Chicken 6pk	\$8.70

Please note that all sizes are approximate  
as all our baked goods are made by hand each time.

290B Colombo St,  
Sydenham, Christchurch

Website: [www.glutenfreebakery.co.nz](http://www.glutenfreebakery.co.nz)  
Email: [sales@glutenfreebakery.co.nz](mailto:sales@glutenfreebakery.co.nz)

Phone: (03) 341 1172

EF	DF	Sweets for My Sweet	Price
	✓	Boston Bun 12cm	\$4.50
		Caramel Tarts 3pk	\$5.50
		Cheesecake - Choc, Berry, Lemon or Apricot	\$6.00
		Chocolate Raspberry Brownie	\$5.50
		Cinnamon Oysters <i>contains soy flour</i>	\$4.00
		Croissant or Pain Au Chocolat	\$4.70
	✓	Donuts Mini 6pk (Cinn or Choc)	\$5.00
		Eclairs 4pk	\$5.50
		Jam Roll - Plain or Chocolate <i>contains soy flour</i>	\$8.50
	✓	Lamingtons - Chocolate or Raspberry 2pk	\$3.50
	✓	Lamingtons - Chocolate or Raspberry 6pk	\$9.50
	✓	High-Tea Lamingtons - Choc or Rasp 6pk	\$4.00
		<i>lamingtons contain soy flour</i>	
		Lemon Meringue Pie 3pk	\$5.00
		Lolly Cake Lg	\$8.50
		Lolly Cake Sm	\$4.50
	✓	Mudcake Mini	\$3.00
		Muffin Lg: Apple/Cinn, Banana, Choc/Caramel, Jaffa, Lemon Crumble, Coffee Walnut, Berry	\$4.80
		Muffin Sml	\$3.00
		Neenish Tarts 3pk	\$5.50
✓		Shortbread 4pk	\$5.50

EF	DF	Cakes	Price
	✓	Banana Cake	\$17.00
		Banana Cake Iced ( <i>pick up only</i> )	\$35.00
	✓	Mudcake	\$17.00
		Mudcake Iced ( <i>pickup only</i> )	\$35.00
	✓	Sponge <i>contains soy flour</i>	\$5.50
	✓	Sponge Chocolate <i>contains soy flour</i>	\$5.50

Cake size is 17cm and round. Larger sizes are available on request.



**Our shop hours are Mon to Fri 8:00am till 5:00pm, Saturdays 8am till 4pm. We are closed all public holidays.**

For best results keep in freezer, not in the fridge, defrost in microwave, toaster or oven, not on the bench.

We love to hear your feedback. Please share your ideas and comments with us. We want to continue to create new things for you to try.

EF	DF	Biscuits and Yummies	Price
✓	✓	Afghans 4pk	\$5.50
	✓	Angel Biscuits 3pk	\$5.00
✓		Anzac Biscuits 4pk	\$5.50
	✓	Belgium 3pk	\$5.00
✓		Cheese Straws 6pk	\$5.00
✓		Cheese Straws 12pk	\$9.00
✓		Cheese Straws 24pk	\$16.50
✓		Choc Chip 4pk	\$5.50
✓	✓	Choc Swirls 6pk	\$5.50
✓		Cookie Monsters 6pk	\$5.50
		Gingerbread Man Single	\$4.50
	✓	Gingerbread People 4pk	\$4.80
	✓	Gingerbread Stars 4pk	\$4.80
✓	✓	Jumbo Afghan	\$4.50
✓		Jumbo Choc Chip	\$4.50
	✓	Mallow Pops 3pk	\$5.50
✓	✓	Melting Moments 6pk	\$5.50
		Mixed Biscuits	\$6.00
✓		Muesli Bar (choc) <i>contains sesame</i>	\$2.60
✓		Muesli Bar (plain) <i>contains sesame</i>	\$2.40

EF	DF	Scones & Treats	Price
		Sweet Scones - Date, Sultana 5pk	\$ 7.00
		Savoury Scones - Cheese, Spinach & Feta 5pk	\$ 7.20
		Scones - Plain 5pk	\$ 7.00
		Cinnamon Swirl	\$3.50
		Savoury Scroll	\$3.50

EF	DF	Ingredients	Price
✓	✓	Baking Powder 100g	\$1.50
	✓	Breadcrumbs 250g	\$3.50
	✓	Breadcrumbs 250g - Mixed Herb	\$3.60
	✓	Breadcrumbs 500g	\$6.80
✓	✓	Cocoa 200g	\$4.00
	✓	DF Choc Chips 300g	\$5.50
		Gravy Mix 100g	\$3.00
✓	✓	Icing Sugar 500g	\$5.50
	✓	Pancake Mix 500g	\$6.00
	✓	Pastry 350g	\$6.00
	✓	TGF Batter Mix 225g	\$6.50
✓	✓	TGF Flour Mix 1kg	\$6.00
✓	✓	TGF Flour Mix 2kg	\$11.00
✓	✓	TGF Toasted Muesli <i>contains sesame</i>	\$8.00
✓	✓	Xanthan Gum 100g	\$5.50

*Thanks so much from the team here at Totally Gluten Free Bakery: Wendy, Lori, Lisa, Bridget, Dwayne, Nicole and Jonny*