



Everything we supply is

**Gluten Free**

Nothing contains *soy flour* or *sesame* except where noted  
all of our products contain soy  
lecithin

**EF means Egg Free, DF means Dairy Free**

EF	DF	Breads and Buns and Things	Price
		Bagels: Cheese 3pk	\$8.40
	✓	Bagels: Plain, Poppy, Pumpkin, Sesame 3pk	\$8.40
	✓	Burger Buns 4pk (9.5cm)	\$6.40
	✓	Burger Buns: Multigrain 4pk (9.5cm)	\$6.50
	✓	Burger Buns: Lg Sesame 4pk (12cm)	\$8.40
✓	✓	Crumpet 4pk	\$3.40
	✓	Flat Wraps 2pk	\$4.50
		Flatbread: Cheese & Pesto	\$5.00
		Garlic & Cheese Twist	\$5.00
	✓	Garlic Bread 2pk	\$4.00
		Loaf - Bacon & Cheese	\$7.50
		Loaf - Cheese	\$8.00
		Loaf - Cracked Pepper & Cheese	\$7.00
		Loaf - Date & Walnut	\$7.00
	✓	Loaf - Fruit	\$7.40
	✓	Loaf - Garlic & Herb	\$7.00
	✓	Loaf - Hearty Dark	\$7.00
	✓	Loaf - Megaseed	\$7.50
	✓	Loaf - Multigrain <i>contains sesame</i>	\$7.00
	✓	Loaf - Multigrain (Large) <i>contains sesame</i>	\$8.00
		Loaf - Onion & Cheese	\$7.00
	✓	Loaf - Pumpkin Bread	\$7.00
	✓	Loaf - Rice Bran & Chia	\$7.50
	✓	Loaf - Sultana (No Spice)	\$7.00
		Loaf - Turmeric, Carrot & Pumpkin	\$7.00
✓	✓	Loaf - Vegan Turmeric, Carrot & Pumpkin	\$7.00
✓	✓	Loaf - Vegan Seed	\$7.00
✓	✓	Loaf - Vegan White	\$6.50
	✓	Loaf - White	\$6.50
	✓	Loaf - White (Large)	\$7.80
		Panini: Cheese 3pk	\$8.40
	✓	Panini: Plain, Herb 3pk	\$8.40
	✓	Pizza Base (Large) 26cm 2pk	\$7.50
	✓	Pizza Base (Medium) 22cm 2pk	\$6.00
	✓	Pizza Base (Small) 18cm 2pk	\$5.00
		Rolls - Bacon & Cheese 6pk	\$6.00
		Rolls - Cheese 6pk	\$5.80
	✓	Rolls - Multigrain 6pk <i>contains sesame</i>	\$5.50
	✓	Rolls - Plain 6pk	\$5.30
		Long Rolls - Cheese & Pesto, Cheese 2pk	\$3.80
	✓	Long Rolls - Garlic & Herb, Multi, Plain 2pk	\$3.50
	✓	Sliders 6pk (7cm)	\$4.00
✓	✓	Corn Tortilla 17cm Reg 6pk	\$6.50
✓	✓	Corn Tortilla 23cm Lg 6pk	\$11.00

## Retail Pricing

### Ordering Information

Goods are baked per order, for same day service in the CHCH area, orders must be received by 10pm the day prior.

Courier cost in ChCh City is \$9.50, Outer ChCh \$10.00, S. Island is \$16.00, N. Island delivery prices is \$32.00. No Rural Deliveries, but we should chat :-). Sorry, no weekend deliveries.

Place orders using phone, email or via the website.

Prices are inclusive of GST and are subject to change

Our Slices	Price
Handy 2 Pack	\$6.00
<b>Flavours available:</b>	
● Blackforest	● Caramallow
● Caramel Delight	● Chocolate Fudge
● Citrus	● Coffee Walnut
● Ginger	● Macaroon
● Peppermint Choc	● Rocky Road (EF DF)
● Tan	● Muesli (EF DF)

EF	DF	Savoury Bits	Price
		Bacon Gap Filler	\$3.50
	✓	Empanadas 5pk: <i>Pumpkin/Onion, Mexican Beef, Refried Beans, Chick/Mushroom, Spicy Pork, Spinach/Feta</i>	\$7.00
	✓	Family Pie <i>mince, steak, bac/egg</i>	\$14.00
✓	✓	Hotdogs Large 4pk	\$14.00
✓	✓	Hotdogs Mini 10pk	\$14.00
	✓	Pie: <i>Mince, Steak, Mexisteak, Steak/Mush, Bacon/Egg, Chicken, Potato Top,</i>	\$5.80
		Pie: <i>Mince/Cheese, Steak/Cheese, Vegetarian</i>	\$5.80
		Mini Pizza - <i>Hawaiian, Sweet Chilli, Tomato 3pk</i>	\$6.50
		Quiche Bacon & Tomato	\$6.00
		Quiche Chicken/Mushroom	\$6.00
	✓	Quiche Lactose Free	\$6.00
		Quiche Vegetarian	\$6.00
	✓	Sausage Roll 5pk	\$9.00
	✓	Sausage Roll Single	\$5.00
	✓	Sausage Rolls Mini 6pk	\$6.50
		Savouries - Egg & Cheese 6pk	\$9.00
	✓	Savouries - Mince 6pk	\$9.00
		Savouries - Mixed 6pk	\$9.00
	✓	Savouries - Potato Top 6pk	\$9.00
	✓	Savouries - Chicken 6pk	\$9.00

Please note that all sizes are approximate as all our baked goods are made by hand each time.

290B Colombo St,  
Sydenham, Christchurch

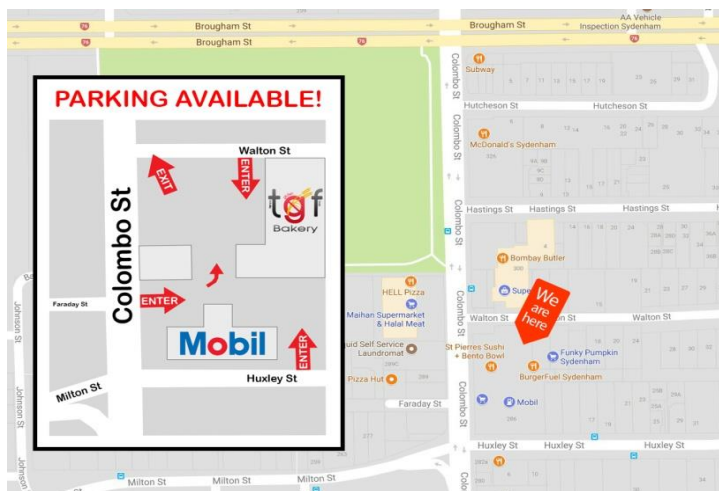
Website: [www.glutenfreebakery.co.nz](http://www.glutenfreebakery.co.nz)  
Email: [sales@glutenfreebakery.co.nz](mailto:sales@glutenfreebakery.co.nz)

Phone: (03) 341 1172

EF	DF	Sweets for My Sweet	Price
	✓	Boston Bun 18cm	\$6.50
		Caramel Tarts 3pk	\$5.80
		Cheesecake Lrg: Choc, Berry, Lemon or Apricot	\$6.00
		Cheesecake Sml: Choc, Berry, Lemon or Apricot	\$3.50
		Chocolate Raspberry Brownie	\$6.00
		Croissant or Pain Au Chocolat	\$5.00
	✓	Donuts Mini 6pk (Cinn or Choc)	\$5.00
		Eclairs 4pk	\$6.00
		Jam Roll - Plain or Chocolate <i>contains soy flour</i>	\$9.00
	✓	Lamingtons - Chocolate or Raspberry 2pk	\$3.50
	✓	Lamingtons - Chocolate or Raspberry 6pk	\$9.50
	✓	High-Tea Lamingtons - Choc or Rasp 6pk	\$4.50
		<i>lamingtons contain soy flour</i>	
		Lemon Meringue Pie 3pk	\$5.50
		Lolly Cake Lg	\$9.00
		Lolly Cake Sm	\$5.00
	✓	Mudcake Mini	\$3.50
		Muffin Lg: Apple/Cinn, Banana, Choc/Caramel, Jaffa, Lemon Crumble, Coffee Walnut, Berry	\$5.00
		Muffin Sml	\$3.50
✓		Muesli Bar (choc) <i>contains sesame</i>	\$2.60
✓		Muesli Bar (plain) <i>contains sesame</i>	\$2.40
✓		Muesli Squares 4pk	\$7.60
		Neenish Tarts 3pk	\$5.80

EF	DF	Cakes	Price
	✓	Banana Cake	\$17.00
		Banana Cake Iced ( <i>pick up only</i> )	\$45.00
	✓	Choc Cake	\$17.00
		Choc Cake Dairy Free	\$17.00
	✓	Sponge <i>contains soy flour</i>	\$5.50
	✓	Sponge Chocolate <i>contains soy flour</i>	\$5.50

Cake size is 17cm and round. Larger sizes are available on request.



**Our shop hours are Mon to Fri 8:00am till 5:00pm, Saturdays 9am till 3pm. We are closed all public holidays.**

For best results keep in freezer, not in the fridge, defrost in microwave, toaster or oven, not on the bench.

EF	DF	Biscuits and Yummies	Price
✓	✓	Afghans 4pk	\$5.80
	✓	Angel Biscuits 4pk	\$6.00
✓		Anzac Biscuits 4pk	\$5.80
	✓	Belgium 4pk	\$6.00
✓		Cheese Straws 6pk	\$5.50
✓		Cheese Straws 12pk	\$9.50
✓		Cheese Straws 24pk	\$17.00
✓		Choc Chip 4pk	\$5.80
✓	✓	Choc Swirls 6pk	\$5.80
✓		Cookie Monsters 6pk	\$5.80
		Gingerbread Man Single	\$4.50
	✓	Gingerbread People 4pk	\$4.80
	✓	Gingerbread Stars 4pk	\$4.80
✓		Ginger Crunch Biscuits 4pk	\$4.80
✓	✓	Jumbo Afghan	\$4.50
✓		Jumbo Choc Chip	\$4.50
	✓	Mallow Pops 3pk	\$5.50
✓	✓	Melting Moments 6pk	\$5.50
		Mixed Biscuits	\$6.00
✓		Shortbread 4pk	\$6.00

EF	DF	Scones & Treats	Price
		Sweet Scones - Date, Sultana 5pk	\$7.50
		Savoury Scones - Cheese, Spinich & Feta 5pk	\$7.50
		Scones - Plain 5pk	\$7.00
		Cinnamon Swirl	\$4.00
		Savoury Scroll	\$4.00
		Cheeseymite Scroll	\$4.00

EF	DF	Ingredients	Price
✓	✓	Baking Powder 100g	\$1.50
	✓	Breadcrumbs 250g	\$3.50
	✓	Breadcrumbs 250g - Mixed Herb	\$4.00
	✓	Breadcrumbs 500g	\$7.00
✓	✓	Cocoa 200g	\$4.00
	✓	DF Choc Chips 300g	\$6.00
		Gravy Mix 100g	\$3.50
✓	✓	Icing Sugar 500g	\$5.50
	✓	Pancake Mix 500g	\$6.50
	✓	Pastry 350g	\$6.50
	✓	TGF Batter Mix 225g	\$6.50
✓	✓	TGF Flour Mix 1kg	\$6.50
✓	✓	TGF Flour Mix 2kg	\$12.00
✓	✓	TGF Toasted Muesli <i>contains sesame</i>	\$8.00
✓	✓	Xanthan Gum 100g	\$6.00
✓	✓	Date Syrup	\$3.80
✓	✓	Coconut whipping cream	\$5.60
✓	✓	Coconut condensed milk	\$5.00

Thanks so much from the team here at Totally Gluten Free Bakery: Wendy, Lori, Lisa, Dwayne, Amy and Sophie