



Everything we supply is  
Gluten Free

Nothing contains soy flour  
except where noted

**EF** means **Egg Free**, **DF** means **Dairy Free**

## Retail Price List 2018

### Ordering Information

Goods are baked per order, for same day service in the CHCH area, orders must be received by 10pm the day prior.

Courier cost in ChCh City is \$8.50, Outer ChCh to Timaru is \$9.00. Lower S. Island & West Coast is \$12.00. N. Island delivery prices is \$26.50. Please enquire about Rural Delivery. Sorry, no weekend deliveries.

Place orders using phone, email or via the website.

Prices are inclusive of GST and are subject to change

| EF | DF | Breads and Buns and Things                     | Price   |
|----|----|--|---------|
|    |    | Bagels Cheese 3pk                              | \$8.00  |
|    | ✓  | Bagels Herb 3pk                                | \$8.00  |
|    | ✓  | Bagels plain, poppy, pumpkin, sesame, herb 3pk | \$8.00  |
|    | ✓  | Burger Buns 4pk (9.5cm)                        | \$6.00  |
|    | ✓  | Burger Buns Lg Sesame 4pk (12cm)               | \$8.00  |
| ✓  | ✓  | Crumpet 4pk                                    | \$3.00  |
|    | ✓  | Flat Wraps 2pk                                 | \$4.50  |
|    |    | Flatbread - Cheese & Pesto                     | \$4.50  |
|    | ✓  | Flatbread - Dukkah                             | \$4.50  |
|    |    | Garlic & Cheese Twist                          | \$4.00  |
|    | ✓  | Garlic Bread 2pk                               | \$3.50  |
|    |    | Loaf - Bacon, Cheese & Pepper                  | \$7.00  |
|    |    | Loaf - Cheese                                  | \$7.50  |
|    |    | Loaf - Cheese & Cracked Pepper                 | \$6.00  |
|    | ✓  | Loaf - Garlic & Herb                           | \$6.00  |
|    | ✓  | Loaf - Hearty Dark                             | \$6.50  |
|    | ✓  | Loaf - Megaseed                                | \$7.20  |
|    | ✓  | Loaf - Multigrain                              | \$6.70  |
|    | ✓  | Loaf - Multigrain (Large)                      | \$7.80  |
|    | ✓  | Loaf - Rice Bran & Chia                        | \$7.20  |
|    | ✓  | Loaf - Spiced Fruit                            | \$7.00  |
|    | ✓  | Loaf - Sultana (No Spice)                      | \$6.50  |
|    | ✓  | Loaf - Vegan Seed                              | \$7.00  |
|    | ✓  | Loaf - Vegan White                             | \$6.50  |
|    | ✓  | Loaf - White                                   | \$6.00  |
| ✓  | ✓  | Loaf - White (Egg Free)                        | \$6.00  |
|    | ✓  | Loaf - White (Large)                           | \$7.50  |
|    |    | Panini - Cheese 3pk                            | \$8.00  |
|    | ✓  | Panini - Plain or Herb 3pk                     | \$8.00  |
|    | ✓  | Pizza Base (Regular) 22cm 2pk                  | \$6.00  |
|    | ✓  | Pizza Base (Small) 18cm 2pk                    | \$5.00  |
|    | ✓  | Pumpkin Bread                                  | \$6.50  |
|    | ✓  | Rolls - Turkish 3pk                            | \$4.50  |
|    | ✓  | Rolls - Caramelised Onion 6pk                  | \$5.00  |
|    |    | Rolls - Cheese 6pk                             | \$5.50  |
|    | ✓  | Rolls - Long 2pk sd tom, garlic & herb, multi  | \$3.00  |
|    | ✓  | Rolls - Multigrain 6pk                         | \$5.00  |
|    | ✓  | Rolls - Plain 6pk                              | \$5.00  |
|    | ✓  | Rolls - Torpedo 2pk <i>contains soy flour</i>  | \$4.50  |
|    | ✓  | Sliders 6pk (7cm)                              | \$4.00  |
| ✓  | ✓  | Tortilla (Corn) 17cm Reg 6pk                   | \$6.50  |
| ✓  | ✓  | Tortilla (Corn) 23cm Lg 6pk                    | \$11.00 |

| Our Slices                      | Price          |
|---------------------------------|----------------|
| Single Piece                    | \$3.00         |
| Handy 2 Pack                    | \$5.50         |
| <b>Flavours available:</b>      |                |
| • Caramallow                    | • Blackforest  |
| • Caramel Delight               | • Citrus       |
| • Cherry & White Chocolate      | • Ginger Slice |
| • Chocolate Fudge               | • Macaroon     |
| • Coffee/Walnut                 | • Tan Slice    |
| • Peppermint/Chocolate          | • Apricot      |
| • Raspberry Choc Crunch (DF/EF) |                |

| EF | DF | Savoury Bits  | Price   |
|----|----|---|---------|
| ✓  | ✓  | Chicken Strips pkt  | \$12.00 |
|    | ✓  | Empanadas 5pk: Pumpkin/Onion, Mexican Beef, Refried Beans, Chick/Mushroom   | \$7.00  |
| ✓  | ✓  | Fish Battered pkt   | \$11.00 |
| ✓  | ✓  | Hotdogs Large 5pk   | \$11.00 |
| ✓  | ✓  | Hotdogs Mini 10pk   | \$11.00 |
|    | ✓  | Pie: Mince, Steak, Mexistea, Steak/Mushroom, Bacon/Egg, Chicken, Potato Top | \$5.50  |
|    |    | Pie: Mince/Cheese, Steak/Cheese, Vegetaria                                  | \$5.50  |
|    |    | Pizza - Mini Hawaiian 3pk   | \$6.20  |
|    |    | Pizza - Mini Sweet Chilli 3pk   | \$6.20  |
|    |    | Pizza - Mini Tomato 3pk   | \$6.20  |
|    |    | Quiche Bacon & Tomato   | \$5.50  |
|    |    | Quiche Chicken/Mushroom   | \$5.50  |
|    | ✓  | Quiche Lactose Free   | \$5.50  |
|    |    | Quiche Vegetarian   | \$5.50  |
|    | ✓  | Sausage Roll 4pk  | \$6.00  |
|    | ✓  | Sausage Roll Single   | \$4.00  |
|    |    | Sausage Rolls Mini 6pk  | \$6.00  |
|    |    | Savouries - Egg & Cheese 6pk  | \$8.50  |
|    | ✓  | Savouries - Mince 6pk   | \$8.50  |
|    |    | Savouries - Mixed 6pk   | \$8.50  |
|    | ✓  | Savouries - Potato Top 6pk  | \$8.50  |

Please note that all sizes are approximate  
as all our baked goods are made by hand each time.

290B Colombo St,  
Sydenham, Christchurch

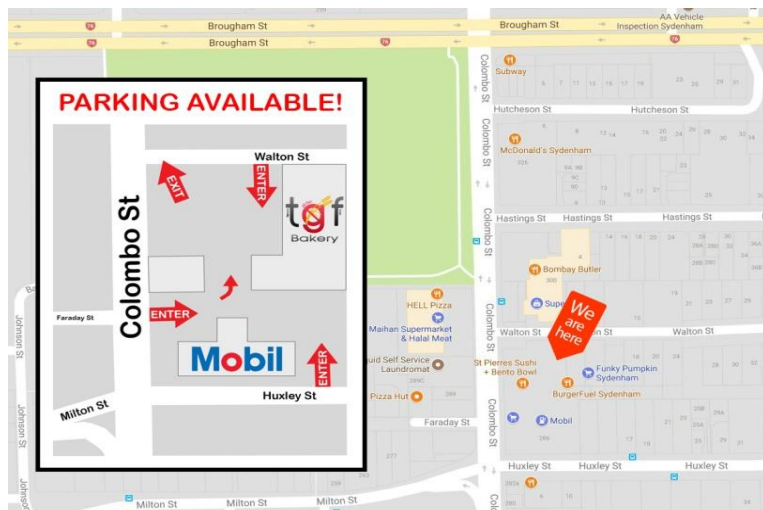
Website: [www.glutenfreebakery.co.nz](http://www.glutenfreebakery.co.nz)  
Email: [sales@glutenfreebakery.co.nz](mailto:sales@glutenfreebakery.co.nz)

Phone: (03) 341 1172

| EF  | DF | Sweets for My Sweet  | Price  |
|-----|----|--|--------|
|     | ✓  | Boston Bun 12cm  | \$4.00 |
|     |    | Caramel Tarts 6pk  | \$8.50 |
|     |    | Cheesecake Choc, Berry or Lemon  | \$5.00 |
|     |    | Cinnamon Oysters <i>contains soy flour</i>   | \$4.00 |
|     |    | Cinnamon Swirl   | \$3.00 |
|     |    | Croissant or Pan Au Chocolate  | \$4.50 |
|     | ✓  | Donuts Mini 6pk (Cinn or Choc)   | \$5.00 |
|     |    | Eclairs 4pk  | \$5.00 |
|     |    | Jam Roll Plain or Chocolate <i>contains soy flour</i>  | \$7.50 |
|     | ✓  | Lamingtons 3pk Chocolate or Raspberry  | \$4.50 |
|     |    | <i>lamingtons contain soy flour</i>  |        |
|     |    | Lemon Meringue Pie 3pk   | \$4.50 |
|     |    | Lolly Cake Lg  | \$6.50 |
|     |    | Lolly Cake Sm  | \$4.50 |
|     | ✓  | Mudcake Mini   | \$3.00 |
| N/A |    | Muffin Lg: Apple/Cinn, Banana, Choc/Caramel, Jaffa, Lemon Crumble, Apricot, Savoury, Coffee Walnut | \$4.50 |
| N/A |    | Muffin Sm: Apple/Cinn, Banana, Choc/Caramel, Jaffa, Lemon Crumble, Apricot, Coffee Walnut          | \$3.00 |
|     |    | Neenish Tarts 6pk  | \$8.50 |
|     |    | Savoury Scroll   | \$3.00 |
| ✓   | ✓  | TGF Toasted Muesli   | \$8.00 |

| EF | DF | Cakes                                      | Price   |
|----|----|--|---------|
|    | ✓  | Banana Cake                                | \$15.00 |
|    |    | Banana Cake Iced ( <i>pick up only</i> )   | \$25.00 |
|    | ✓  | Mudcake                                    | \$15.00 |
|    |    | Mudcake Iced ( <i>pickup only</i> )        | \$25.00 |
|    | ✓  | Sponge <i>contains soy flour</i>           | \$5.50  |
|    | ✓  | Sponge Chocolate <i>contains soy flour</i> | \$5.50  |

Cake size is 7" or 17cm, round in shape. Larger sizes are available on



**Our shop hours are Mon through Fri 8:00am till 6:00pm, Saturdays 8am till 4pm. We are closed all public holidays.**

For best results keep in freezer, not in the fridge, defrost in microwave, toaster or oven, not on the bench.

We love to hear your feedback. Please share your ideas and comments with us. We want to continue to create new things for you to try.

290B Colombo St,  
Sydenham, Christchurch

Website: [www.glutenfreebakery.co.nz](http://www.glutenfreebakery.co.nz)  
Email: [sales@glutenfreebakery.co.nz](mailto:sales@glutenfreebakery.co.nz)

Phone: (03) 341 1172

| EF | DF | Biscuits and Yummies      | Price   |
|----|----|---------------------------|---------|
| ✓  | ✓  | Afghans 4pk               | \$5.50  |
|    | ✓  | Angel Biscuits 3pk        | \$4.50  |
| ✓  |    | Anzac Biscuits 4pk        | \$5.00  |
|    | ✓  | Belgium 3pk               | \$4.50  |
| ✓  |    | Cheese Straws 12pk        | \$8.50  |
| ✓  |    | Cheese Straws 24pk        | \$16.00 |
| ✓  |    | Choc Chip 4pk             | \$6.00  |
| ✓  | ✓  | Choc Swirls 4pk           | \$5.00  |
| ✓  |    | Cookie Monsters 4pk       | \$5.00  |
|    |    | Gingerbread Man single Lg | \$4.00  |
|    | ✓  | Gingerbread People 4pk    | \$4.50  |
|    | ✓  | Gingerbread Stars 4pk     | \$4.50  |
| ✓  | ✓  | Jumbo Afghan              | \$4.50  |
| ✓  |    | Jumbo Choc Chip           | \$4.50  |
|    | ✓  | Mallow Pops 3pk           | \$4.50  |
| ✓  | ✓  | Melting Moments 4pk       | \$5.00  |
|    |    | Mixed Biscuits 4pk        | \$5.00  |
| ✓  |    | Muesli Bar (choc)         | \$2.60  |
| ✓  |    | Muesli Bar (plain)        | \$2.40  |
|    |    | Scones Cheese 5pk         | \$6.70  |
|    |    | Scones Date 5pk           | \$6.70  |
|    |    | Scones Plain 5pk          | \$6.50  |
|    |    | Scones Spinach & Feta 5pk | \$7.00  |
|    |    | Scones Sultana 5pk        | \$6.70  |
| ✓  |    | Shortbread 4pk            | \$6.00  |

| EF | DF | Ingredients        | Price  |
|----|----|--------------------|--------|
| ✓  | ✓  | Baking Powder 100g | \$1.50 |
| ✓  | ✓  | Cocoa 300g         | \$4.00 |
| ✓  | ✓  | Icing Sugar 500g   | \$5.50 |
| ✓  | ✓  | TGF Toasted Muesli | \$8.00 |

|   |   |                   |         |
|---|---|-------------------|---------|
| ✓ | ✓ | TGF Gum Mix 100g  | \$5.50  |
| ✓ | ✓ | TGF Flour Mix 1kg | \$6.00  |
| ✓ | ✓ | TGF Flour Mix 2kg | \$11.00 |

|  |   |                             |        |
|--|---|-----------------------------|--------|
|  | ✓ | Dairy free Chocolate 300g   | \$6.50 |
|  | ✓ | Pastry 350g                 | \$6.00 |
|  | ✓ | Breadcrumbs 250g            | \$3.50 |
|  | ✓ | Breadcrumbs 500g            | \$6.80 |
|  |   | Gravy Mix 100g              | \$3.00 |
|  | ✓ | Mixed Herb Breadcrumbs 250g | \$3.60 |
|  | ✓ | Pancake Mix 500g            | \$6.00 |
|  | ✓ | TGF Batter Mix 225g         | \$6.00 |

Thanks so much from the team here at Totally Gluten Free Bakery: Wendy, Lori, Lisa, Bridget, Dwayne, Heather, Justin, Jonny and Emma